

## 三角関数の積分

1 次の不定積分を求めよ。

$$(1) \int \frac{dx}{\sin x}$$

【解答】

$$\begin{aligned} \int \frac{dx}{\sin x} &= \int \frac{dx}{2 \sin \frac{x}{2} \cos \frac{x}{2}} = \int \frac{\frac{1}{2} \cdot \frac{1}{\cos^2 \frac{x}{2}}}{\frac{\sin \frac{x}{2}}{\cos \frac{x}{2}}} dx \\ &= \int \frac{\left(\tan \frac{x}{2}\right)'}{\tan \frac{x}{2}} dx = \log \left| \tan \frac{x}{2} \right| + C \end{aligned}$$

別

$$\tan \frac{x}{2} = t \text{ とおくと } \sin x = \frac{2t}{1+t^2}, \cos x = \frac{1-t^2}{1+t^2}, \tan x = \frac{2t}{1-t^2}$$

$$\tan \frac{x}{2} = t \text{ より } \frac{1}{2} \cdot \frac{1}{\cos^2 \frac{x}{2}} \cdot \frac{dx}{dt} = 1$$

$$\text{ここで, } \frac{1}{\cos^2 \frac{x}{2}} = 1 + \tan^2 \frac{x}{2} = 1 + t^2 \text{ であるから } \frac{dx}{dt} = \frac{2}{1+t^2}$$

$$\begin{aligned} \int \frac{dx}{\sin x} &= \int \frac{1}{\frac{2t}{1+t^2}} \cdot \frac{2}{1+t^2} dt = \int \frac{dt}{t} \\ &= \log |t| + C = \log \left| \tan \frac{x}{2} \right| + C \end{aligned}$$

$$(2) \int \frac{dx}{\cos x}$$

【解答】

$$\begin{aligned} \int \frac{dx}{\cos x} &= \int \frac{dx}{\sin \left(x + \frac{\pi}{2}\right)} \\ &= \log \left| \tan \left\{ \frac{1}{2} \left(x + \frac{\pi}{2}\right) \right\} \right| + C = \log \left| \tan \left( \frac{x}{2} + \frac{\pi}{4} \right) \right| + C \end{aligned}$$

$$(3) \int \frac{dx}{1 + \cos x}$$

【解答】

$$\int \frac{dx}{1 + \cos x} = \frac{1}{2} \int \frac{dx}{\cos^2 \frac{x}{2}} = \tan \frac{x}{2} + C$$

$$(4) \int \frac{dx}{1 - \cos x}$$

【解答】

$$\int \frac{dx}{1 - \cos x} = \frac{1}{2} \int \frac{dx}{\sin^2 \frac{x}{2}} = -\frac{1}{\tan \frac{x}{2}} + C$$

$$(5) \int \frac{dx}{1 + \sin x}$$

【解答】

$$\begin{aligned} \int \frac{dx}{1 + \sin x} &= \int \frac{dx}{1 - \cos \left(x - \frac{\pi}{2}\right)} \\ &= -\frac{1}{\tan \left\{ \frac{1}{2} \left(x - \frac{\pi}{2}\right) \right\}} + C = -\frac{1}{\tan \left( \frac{x}{2} - \frac{\pi}{4} \right)} + C \end{aligned}$$

$$(6) \int \frac{dx}{1 - \sin x}$$

【解答】

$$\begin{aligned} \int \frac{dx}{1 - \sin x} &= \int \frac{dx}{1 + \cos \left(x - \frac{\pi}{2}\right)} \\ &= \tan \left\{ \frac{1}{2} \left(x - \frac{\pi}{2}\right) \right\} + C = \tan \left( \frac{x}{2} - \frac{\pi}{4} \right) + C \end{aligned}$$

$$(7) \int \frac{dx}{1 + \sin x + \cos x}$$

【解答】

$$\tan \frac{x}{2} = t \text{ とおくと } \sin x = \frac{2t}{1+t^2}, \cos x = \frac{1-t^2}{1+t^2}, \tan x = \frac{2t}{1-t^2}$$

$$\tan \frac{x}{2} = t \text{ より } \frac{1}{2} \cdot \frac{1}{\cos^2 \frac{x}{2}} \cdot \frac{dx}{dt} = 1$$

$$\text{ここで, } \frac{1}{\cos^2 \frac{x}{2}} = 1 + \tan^2 \frac{x}{2} = 1 + t^2 \text{ であるから } \frac{dx}{dt} = \frac{2}{1+t^2}$$

$$\begin{aligned} \int \frac{dx}{1 + \sin x + \cos x} &= \int \frac{1}{1 + \frac{2t}{1+t^2} + \frac{1-t^2}{1+t^2}} \cdot \frac{2}{1+t^2} dt \\ &= \int \frac{1}{\frac{2t+2}{1+t^2}} \cdot \frac{2}{1+t^2} dt \\ &= \int \frac{dt}{t+1} = \log |t+1| + C = \log \left| \tan \frac{x}{2} + 1 \right| + C \end{aligned}$$

$$(8) I = \int \frac{\sin x}{1 + \sin x + \cos x} dx, J = \int \frac{\cos x}{1 + \sin x + \cos x} dx$$

【解答】

$$\begin{aligned} I + J &= \int \frac{\sin x + \cos x}{1 + \sin x + \cos x} dx = \int \left( 1 - \frac{1}{1 + \sin x + \cos x} \right) dx \\ &= x - \log \left| \tan \frac{x}{2} + 1 \right| + C_1 \end{aligned}$$

$$\begin{aligned} J - I &= \int \frac{\cos x - \sin x}{1 + \sin x + \cos x} dx = \int \frac{(1 + \sin x + \cos x)'}{1 + \sin x + \cos x} dx \\ &= \log |1 + \sin x + \cos x| + C_2 \end{aligned}$$

$$\begin{aligned} I &= \frac{1}{2} \left( x - \log \left| \tan \frac{x}{2} + 1 \right| - \log |1 + \sin x + \cos x| \right) \\ &= \frac{1}{2} \{x - \log(1 + \sin x)\} + C \end{aligned}$$

$$\begin{aligned} J &= \frac{1}{2} \left( x - \log \left| \tan \frac{x}{2} + 1 \right| + \log |1 + \sin x + \cos x| \right) \\ &= \frac{1}{2} \{x - \log(1 + \cos x)\} + C \end{aligned}$$

$$(9) \int \frac{\sin x}{1 + \sin x + \cos x} dx$$

【解答】

$$\tan \frac{x}{2} = t \text{ とおくと } \sin \frac{x}{2} = \frac{t}{\sqrt{1+t^2}}, \cos \frac{x}{2} = \frac{1}{\sqrt{1+t^2}}$$

$$\sin x = 2 \sin \frac{x}{2} \cos \frac{x}{2} = \frac{2t}{1+t^2}$$

$$\cos x = 2 \cos^2 \frac{x}{2} - 1 = \frac{1-t^2}{1+t^2}$$

$$\tan x = \frac{\sin x}{\cos x} = \frac{2t}{1-t^2}$$

$$\tan \frac{x}{2} = t \text{ より } \frac{1}{2} \cdot \frac{1}{\cos^2 \frac{x}{2}} \cdot \frac{dx}{dt} = 1$$

$$\text{ここで, } \frac{1}{\cos^2 \frac{x}{2}} = 1 + \tan^2 \frac{x}{2} = 1 + t^2 \text{ であるから } \frac{dx}{dt} = \frac{2}{1+t^2}$$

$$\begin{aligned} \int \frac{\sin x}{1 + \sin x + \cos x} dx &= \int \frac{\frac{2t}{1+t^2}}{1 + \frac{2t}{1+t^2} + \frac{1-t^2}{1+t^2}} \cdot \frac{2}{1+t^2} dt \\ &= \int \frac{\frac{2t}{1+t^2}}{\frac{2t+2}{1+t^2}} \cdot \frac{2}{1+t^2} dt \\ &= \int \frac{2t}{(t+1)(1+t^2)} dt = \int \left( -\frac{1}{t+1} + \frac{1}{2} \cdot \frac{2t}{t^2+1} + \frac{1}{t^2+1} \right) dt \\ &= -\log |t+1| + \frac{1}{2} \log(t^2+1) + \arctan t + C \\ &= -\log \left| \frac{t+1}{\sqrt{1+t^2}} \right| + \frac{x}{2} + C \\ &= -\log \left| \sin \frac{x}{2} + \cos \frac{x}{2} \right| + \frac{x}{2} + C \\ &= \frac{1}{2} \{x - \log(1 + \sin x)\} + C \end{aligned}$$

$$(10) I = \int_0^{\frac{\pi}{2}} \frac{\sin x}{\sin x + \cos x} dx, J = \int_0^{\frac{\pi}{2}} \frac{\cos x}{\sin x + \cos x} dx$$

【解答】

$$x = \frac{\pi}{2} - t \text{ とおくと } dx = -dt$$

$x$	$0$	$\rightarrow$	$\frac{\pi}{2}$
$t$	$\frac{\pi}{2}$	$\rightarrow$	$0$

$$\sin x = \cos t, \cos x = \sin t \text{ より}$$

$$J = \int_{\frac{\pi}{2}}^0 \frac{\sin t}{\cos t + \sin t} \cdot (-1) dt = \int_0^{\frac{\pi}{2}} \frac{\sin t}{\sin t + \cos t} dt = I$$

別

$$J - I = \int_0^{\frac{\pi}{2}} \frac{\cos x - \sin x}{\sin x + \cos x} dx = \int_0^{\frac{\pi}{2}} \frac{(\sin x + \cos x)'}{\sin x + \cos x} dx$$

$$= \left[ \log |\sin x + \cos x| \right]_0^{\frac{\pi}{2}} = \log 1 - \log 1 = 0$$

$$I + J = \int_0^{\frac{\pi}{2}} \frac{\sin x + \cos x}{\sin x + \cos x} dx = \int_0^{\frac{\pi}{2}} dx = \frac{\pi}{2}$$

$$\therefore I = J = \frac{\pi}{4}$$

$$(11) I = \int_0^{\frac{\pi}{2}} \frac{\sin^3 x}{\sin x + \cos x} dx, J = \int_0^{\frac{\pi}{2}} \frac{\cos^3 x}{\sin x + \cos x} dx$$

【解答】

$$x = \frac{\pi}{2} - t \text{ とおくと } dx = -dt$$

$x$	$0$	$\rightarrow$	$\frac{\pi}{2}$
$t$	$\frac{\pi}{2}$	$\rightarrow$	$0$

$$\sin x = \cos t, \cos x = \sin t \text{ より}$$

$$J = \int_{\frac{\pi}{2}}^0 \frac{\sin^3 t}{\cos t + \sin t} \cdot (-1) dt = \int_0^{\frac{\pi}{2}} \frac{\sin^3 t}{\sin t + \cos t} dt = I$$

$$I + J = \int_0^{\frac{\pi}{2}} \frac{\sin^3 x + \cos^3 x}{\sin x + \cos x} dx$$

$$= \int_0^{\frac{\pi}{2}} \frac{(\sin x + \cos x)(\sin^2 x - \sin x \cos x + \cos^2 x)}{\sin x + \cos x} dx$$

$$= \int_0^{\frac{\pi}{2}} \left( 1 - \frac{1}{2} \sin 2x \right) dx$$

$$= \left[ x + \frac{1}{4} \cos 2x \right]_0^{\frac{\pi}{2}} = \left( \frac{\pi}{2} - \frac{1}{4} \right) - \frac{1}{4} = \frac{\pi - 1}{2}$$

$$\therefore I = J = \frac{\pi - 1}{4}$$

$$(12) I = \int_0^{\frac{\pi}{2}} \frac{\sin x}{1 + \sin x + \cos x} dx, J = \int_0^{\frac{\pi}{2}} \frac{\cos x}{1 + \sin x + \cos x} dx$$

【解答】

$$x = \frac{\pi}{2} - t \text{ とおくと } dx = -dt$$

$x$	$0$	$\rightarrow$	$\frac{\pi}{2}$
$t$	$\frac{\pi}{2}$	$\rightarrow$	$0$

$$\sin x = \cos t, \cos x = \sin t \text{ より}$$

$$J = \int_{\frac{\pi}{2}}^0 \frac{\sin t}{1 + \cos t + \sin t} \cdot (-1) dt = \int_0^{\frac{\pi}{2}} \frac{\sin t}{1 + \sin t + \cos t} dt = I$$

別

$$J - I = \int_0^{\frac{\pi}{2}} \frac{\cos x - \sin x}{1 + \sin x + \cos x} dx = \int_0^{\frac{\pi}{2}} \frac{(1 + \sin x + \cos x)'}{1 + \sin x + \cos x} dx$$

$$= \left[ \log |1 + \sin x + \cos x| \right]_0^{\frac{\pi}{2}} = \log 2 - \log 2 = 0$$

$$I + J = \int_0^{\frac{\pi}{2}} \frac{\sin x + \cos x}{1 + \sin x + \cos x} dx = \int_0^{\frac{\pi}{2}} \left( 1 - \frac{1}{1 + \sin x + \cos x} \right) dx$$

$$= \left[ x - \log \left| \tan \frac{x}{2} + 1 \right| \right]_0^{\frac{\pi}{2}}$$

$$= \frac{\pi}{2} - \log 2$$

$$\therefore I = J = \frac{\pi - 2 \log 2}{4}$$